

Active You

Pram walking group for mums, dads, grandparents and carers of young children



All fitness levels welcome, mums, dads, grandparents and carers, a great way to start the day.

Morning tea provided after the walk while the children play. Weather permitting.

WHEN: Tuesdays 10am- 11am **WHERE:** 41 Worrigee St, Nowra

COST: Gold coin donation if you can afford it.

CALL FOR MORE INFORMATION OR DROP IN TO FIND OUT MORE

T: 4421 5077 E: info@sns.org.au W: sns.org.au

OPERATES DURING
SCHOOL TERMS ONLY



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